

New Brunswick Workplace First Aid & CPR Guide

Overview

This guide outlines general first aid requirements in New Brunswick. It is designed to help employers and workers understand training needs and maintain a safe work environment.

Workplace First Aid Requirements

- Workplaces must ensure adequate first aid training based on risk level
 - Low-risk environments typically require Emergency First Aid
 - Moderate to high-risk environments require Standard First Aid
 - First aid kits must be accessible and appropriately stocked
 - Employers must ensure trained personnel are available during working hours
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Choosing the Right First Aid Training

- **Emergency First Aid:** Low-risk workplaces (office, retail, daycares, etc.)
 - **Standard First Aid:** Moderate to high-risk workplaces (construction, industrial, security etc.)
 - **Basic Life Support (BLS):** Healthcare professionals. Dental Hygienists, etc.
 - **CPR C:** Fitness NB Members
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Final Notes

Employers are responsible for ensuring compliance with provincial regulations. Always refer to official New Brunswick occupational health and safety legislation for full legal requirements.

See here: <https://laws.gnb.ca/en/document/cr/2004-130%20/>